



8 to 12 Months

MOVEMENT

- Gets to sitting position without assistance (8-10 mos)
- Crawls forward on belly
- Assumes hand and knee position
- Creeps on hands and knees
- Gets from sitting to crawling or prone (flying on stomach) position (10-12 mos)
- Pulls self up to standing position
- Walks holding on to furniture
- Stands momentarily without support
- May walk two or three steps without support

FINE MOTOR SKILLS

- Uses pincer grasp (7-10 mos)
- Bangs two, one-inch cubes together
- Puts objects into container (10-12 mos)
- Takes objects out of container (10-12 mos)
- Pokes with index finger
- Tries to imitate scribbling

COGNITIVE

- Imitates gestures (9-12 mos)
- Explores objects in many different ways
- Finds hidden objects easily (10-12 mos)
- Looks at correct pictures when image is named

LANGUAGE

- Responds to simple verbal requests
- Responds to "no"
- Makes simple gestures such as shaking head for "no"
- Babbles with inflection (8-10 mos)
- Babbles "dada" and "mama" for specific person (11-12 mos)
- Uses exclamations such as "uh-oh"

SOCIAL/EMOTIONAL

- Finger-feeds themselves (8-12 mos)
- Shy or anxious with strangers (8-12 mos)
- Cries when mother or father leaves (6-12 mos)
- Enjoys imitating people in their play (10-12 mos)
- Shows specific preferences for certain people and toys
- Repeats sounds or gestures for attention (10-12 mos)
- Extends arm or leg to help when being dressed

THINGS TO WATCH FOR

- Does not crawl
- Drags one side of body while crawling
- Cannot stand when supported
- Does not search for objects that are hidden (10-12 mos)
- Says no single words
- Is not using gestures such as waving or shaking head
- Is not sitting steadily by 10 months
- No interest in "peek-a-boo" or "patty cake" by 8 mos
- Does not babble by 8 months ("dada," "baba," "mama")